

LASCALA'S LUNCH

ITALIAN AMERICAN HOME-STYLE

STARTERS

BROCCOLI RABE

Sweet Italian sausage, olive oil, garlic, grilled polenta 9.

RISOTTO & MOZZARELLA ARANCINE

Ham, mozzarella, parmesan 9.

MOZZARELLA CAPRESE

Vine ripe tomatoes, basil, roasted peppers, extra virgin olive oil, aged balsamic vinegar 9.

BAKED EGGPLANT

Ricotta, mozzarella, marinara 9.

SAUSAGE & PEPPERS

Sweet onions, peppers, marinara, grilled Italian bread 9.

STUFFED ITALIAN LONG HOTS

Sharp provolone, prosciutto, grilled Italian bread 10.

FRIED CALAMARI

Cornmeal dusted, marinara 9.

MUSSELS OR CLAMS

Crushed tomatoes, basil, garlic, white wine 10.

OCTOPUS SALAD

Extra virgin olive oil, lemon, chickpeas 13.

GRILLED PORTABELLA & ZUCCHINI

Arugula, grilled polenta, shaved parmesan 9.

SALADS

THE LASCALA CHOPPED SALAD

Provolone, fontina, Italian meats, pepperoncini, tomatoes, red onions 9.

THE ROASTED BEET & GOAT CHEESE

Mixed greens, toasted walnuts, white balsamic vinaigrette 9.

THE ARUGULA

Radicchio, grilled red onions, sundried tomatoes, grilled eggplant, gorgonzola, toasted pine nuts 9.

THE CAESAR

Focaccia croutons, fresh shaved parmesan 9.

THE MISTA

Grape tomatoes, kalamata olives, carrots, cucumbers, sharp provolone, red onions 9.

THE MEDITERRANEAN

Chilled lobster, jumbo lump crabmeat, shrimp, red onions, grape tomatoes, cucumbers 15.

SPECIALTY PIZZA

Whole wheat pizza available.

Margherita 10.

Ricotta, eggplant, basil, Roma tomatoes 11.

Clams, bacon, tomato sauce, pepper flakes, parmesan 11.

SOUPS

Tuscan White Bean Minestrone 5.

Escarole 5.

SANDWICHES

Served with your choice of Old Bay Fries or homemade Italian Pasta Salad.

GRILLED RIB EYE

Sautéed mushrooms, onions, gorgonzola 12.

CHICKEN CUTLET or GRILLED CHICKEN

Roasted peppers, sharp provolone, broccoli rabe. 11.

CHICKEN PARMESAN 10.

GRILLED VEGETABLE 10.

PIZZA PIE

Whole wheat pizza available.

Made fresh daily with our homemade dough & specially blended sauce.

SMALL 12-INCH PIE 9.
(add one dollar per topping)

LARGE 16-INCH PIE 14.
(add two dollars per topping)

TOPPINGS:

Pepperoni • Sausage • Steak • Meatball • Prosciutto • Chicken • Anchovies
Mushrooms • Onions • Spinach • Green Peppers • Roasted Peppers • Hot Peppers
Kalamata Olives • Broccoli • Feta • Ricotta • Extra Cheese

STROMBOLI

Made with onions, sweet peppers, pizza sauce, cheese & wrapped in our homemade pizza dough.

SMALL 10. • LARGE 17.
(add three dollars per filling)

FILLINGS:

Cheese Steak • Pepperoni • Sausage
Meatball • Chicken • Roasted Vegetables

PASTA

RAVIOLI

Ricotta, fresh herbs, basil, tomato sauce 13.

PAPPARDELLE

Wild mushrooms, prosciutto, peas, caramelized onions 13.

FETTUCCHINI ALLA ROMANO

Shrimp, lump crab, peas, Alfredo cream sauce 14.

GNOCCHI

Mozzarella, basil, tomato sauce 13.

BAKED LASAGNA

Meat sauce, ricotta, mozzarella, tomato sauce 15.

RIGATONI VODKA

Pancetta, sundried tomatoes, tomato cream sauce 13.

FETTUCCHINI BOLOGNESE 14.

ENTREES

Served with pasta.

CHICKEN PARMIGIANO 13.

CHICKEN SORRENTO

Mushrooms, black olives, plum tomatoes, grilled eggplant, provolone, white wine 13.

VEAL

Marsala or Parmigiano 15.

GRILLED LAMB CHOPS WITH ROSEMARY

Eggplant capanata, wild mushroom polenta cake 17.

SEAFOOD FRADIAVLO

Shrimp, scallops, calamari, mussels, clams, crabmeat, spicy tomato sauce, linguini 16.

SEAFOOD RISOTTO

Crab, scallops, rock shrimp, parmesan 17.

SPICY TUNA

Arugula, radicchio, crispy shoestring fries, cherry tomatoes 15.

GRILLED SALMON

Spinach, roasted potatoes, sundried tomato scampi sauce 15.

JUMBO LUMP CRAB CAKE

Roasted potatoes, roasted red pepper cream sauce, fresh vegetables 13.

PETITE FILET MIGNON

6oz grilled filet mignon, roasted potatoes, fresh veggies 18.

SIDES

Sautéed Broccoli 5.

Sautéed Spinach 6.

Sautéed Broccoli Rabe 7.

Seasonal Vegetables 8.

Roasted Potatoes 6.

Risotto 6.

Grilled Polenta 5.

Grilled Wild Mushroom Polenta 6.